



## Legislation Text

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**File #:** ID#17-4161, **Version:** 1

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### **SUBJECT/RECOMMENDATION:**

Approve an agreement between Tivity Health Services, LLC (Tivity) and the City of Clearwater (City), allowing the City to continue to provide wellness services and benefits for eligible Medicare Members who are part of the SilverSneakers Program and Prime Members eligible through employer sponsored programs and authorize the appropriate officials to execute same.

### **SUMMARY:**

The City entered into a contractual agreement with Healthways, Inc. on March 3, 2011 which designated five city recreation centers as Healthways' SilverSneakers and Prime sites. In 2017, Healthways has changed its name to operate as Tivity Health Services, LLC.

Tivity has established a network of sponsoring organizations throughout the country to provide fitness services, to benefit Medicare participants through their SilverSneakers program and the Prime Program for employer sponsored beneficiaries whereby their members receive a basic fitness membership and access to Tivity Health Signature classes at approved provider sites at no cost.

The nation's leading community fitness program specifically designed for older adults, SilverSneakers promotes greater health engagement and accountability by providing members with regular exercise (strength training, aerobics, flexibility) and social opportunities at more than 14,000 locations nationwide-all at no cost to them.

The City's obligation will be to provide facilities for eligible members through the SilverSneakers program or the Prime Program to engage in the various approved Silver Sneakers program and activity. For every visit made to an approved program, which ranges from simply working out in the fitness room, pool, or tennis court to organized exercise classes, the City will be reimbursed or subsidized at a rate of \$3.25 per activity per visit not to exceed \$32.50 per month per participant.

This program has been a great success and as of the November 2017, the City has 4,140 members enrolled at the City's recreation sites, and generated \$130,852.00 in Fiscal Year 2017 in subsidized reimbursements.

**APPROPRIATION CODE AND AMOUNT: N/A**

**USE OF RESERVE FUNDS: N/A**