#### World Health Organization AARP

Kerry Marsalek, MA, Office on Aging Manager Parks and Recreation Department City of Clearwater



## **CLEARWATER:** The Age Wave is Here

28.2% Clearwater's age 60 and older population



2002 Issued Resolution to be Elder Ready
Established diverse, interdisciplinary committee and completed "Report Card for Well and Frail Elders"
2006 Created Office on Aging
Conducted two Comprehensive Needs Assessments (2006, 2019)
Developed and Implemented Aging Well Master Plan

Established multi-service Senior Center and replicated model at other city sites



- Cultivated strategic partnerships
  - Tivity Health
  - BayCare
  - USF Aging Studies
  - Area Agency on Aging of Pasco Pinellas
  - Senior Citizens Services, Inc.

Cultivated evidence-based wellness programs at multiple city sites.





- Background
  - World Health Organization Global Network of Age Friendly Cities and Communities
    - AARP is the United States affiliate of the international effort

#### Focus: 8 Domains of Livability

- 1. Outdoor Spaces and Buildings
- 2. Transportation
- 3. Housing
- 4. Social Participation
- 5. Respect and Social Inclusion
- 6. Work and Civic Engagement
- 7. Communication and Information
- 8. Community and Health Services

#### Age Friendly – 5 Year Process

- Years 1 to 2
  - Planning
    - Involve older people
    - Conduct Assessment
    - Develop Action Plan
    - Identify indicators

### Age Friendly – 5 Year Process

- Years 3 to 5
- Implementation
  - Implement action plan
  - Monitor indicators
- **Evaluate Progress** 
  - Measure progress
  - Identify successes and remaining gaps
  - Submit progress report

### Why Join the Age Friendly Network?

Clearwater has demonstrated its commitment to cultivating a lifelong community for our residents Age Friendly further strengthens this commitment

#### Why Join the Age Friendly Network?

WHO Global Network for Age-friendly Cities and Communities fosters the exchange of knowledge and mutual learning between cities and communities worldwide

# Age Friendly: Engage Community

Utilize proven and diverse methods to engage older adults in the process
a comprehensive older adult needs assessment; focus groups, community forums and expert interviews
Explore new methods

# **Age Friendly: Our Contributions**

We hope to contribute through strategic expansion and adoption of age-friendly practices in the eight domains of livability



# Age Friendly: Desired Results

Clearwater is more inclusive, accessible and thriving for people of all ages.

#### World Health Organization AARP

Kerry Marsalek, MA, Office on Aging Manager Parks and Recreation Department City of Clearwater

